



NANCY BURGER

SPEAKER | EXECUTIVE COACH | COMMUNICATION STRATEGIST

Nancy Burger facilitates provocative and lively sessions that encourage teams to cultivate transparency, build stronger connection, and collaborate more effectively.

WORKSHOPS



**ELEVATE YOUR TEAM
WITH WORKSHOPS
THAT INSPIRE, ENGAGE,
AND ENCOURAGE THEM
TO THINK DIFFERENTLY
AND TO CONSIDER
WHAT'S POSSIBLE.**

Schedule a discovery call to
see if Nancy is the right choice
for your next event



Learn more about Nancy's
workshops and team
training topics



Communicating with Confidence

Nancy guides her audience through the challenges often faced in workplace communication and how to navigate them, including a discussion on what confidence is/is not and how to improve active listening skills. She explains the importance of "I" statements and offers actionable strategies for improving clarity while reducing apologies and qualifiers.

Reframing Fear-Based Thoughts

In this provocative workshop, Nancy guides her audience through a user-friendly explanation of where fear-based thoughts originate, and how we can notice, unpack, and reframe them. With a user-friendly explanation of the neuroscience of fear, groups will discover that self-limiting belief patterns are choices and will learn actionable strategies for pivoting to thoughts that serve and empower them.

Navigating Change with Resilience

Nancy addresses how humans are wired to resist change and outlines the Change Model and how it impacts transitions within organizations. Discerning between the change we experience and the change we can create, Nancy teaches user-friendly strategies for facing the discomfort of uncertainty.

OTHER SERVICES

Speaking

Nancy takes audiences on a journey of discovery about what's possible and how thoughts are choices that directly impact those possibilities.

Executive Coaching

A Marshall Goldsmith-certified leadership coach, Nancy uses a stakeholder centered approach to help clients uplevel their leadership skills and build stronger, more effective teams. She tailors her engagements to suit the needs of C-suite executives, heads of HR & training/recruiting, managers, business owners, and team leaders across many organizations and industries.

WHY WORK WITH NANCY?

A master at simplifying complex concepts, Nancy weaves together storytelling and the fundamentals of neuroscience, inspiring audiences to re-examine and reframe self-limiting and negative thought patterns. Her talks delve into the process through which we choose thoughts and how it influences our performance, self-concept, and life experience.

- ◆ Evidence-based strategies combined with a clear, user-friendly, and engaging style.
- ◆ Provocative talks that deliver mind-changing experiences and concrete takeaways.
- ◆ Talk topics are relatable and timely, coupled with actionable solutions.
- ◆ Nancy brings a combination of vulnerability and accessibility to the stage that enlightens and inspires, creating an immersive audience experience.